

DATE: \_\_ / \_\_ /\_\_\_\_\_

# GOALS & INTENTIONS

DEFINING MY INTENTIONS & GOALS FOR THE UPCOMING 12 MONTHS

**PERSONAL:**

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**HOW I WILL MAKE IT HAPPEN**

**PROFESSIONAL:**

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**HOW I WILL MAKE IT HAPPEN**

**ONE BIG GOAL / INTENTION:**

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**HOW I WILL MAKE IT HAPPEN**